

91 CURTNER AVE. SUITE 20 * SAN JOSE, CA 95125 THEPLANTIKES@LOVEANDSANDWICHES.COM 408·247·9999 * LOVEANDSANDWICHES.COM

MEATS

9. ENAME OF THE GIRL I'M DATINGI 10.99 HALAL CHICKEN, HONEY MUSTARD, AVOCADO, PEPPER JACK ETBO CALI

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* 18. MATT CAIN 10.99
ROAST BEEF, TURKEY, SALAMI,
GODFATHER SAUCE, PROVOLONE 1350 CALI

76. MILF 12.11 HALAL CHICKEN, STUFFED JALAPEÑO POPPERS, BUFFALO-WING SAUCE, RANCH 1550 CALI

91. PAUL REUBENS 10.99
PASTRAMI, HOMEMADE PURPLE SLAW, FRENCH
DRESSING, SWISS [1190 CAL]

98. JAYMEE SIREWICH 10.99 FRIED CHICKEN, YELLOW BBQ SAUCE, RANCH, PEPPER JACK (1100 CAL)

99. WE'RE JUST FRIENDS 10.99 HALAL CHICKEN, ZESTY ORANGE GLAZE, AVOCADO, PEPPER JACK 1660 CALI

IIO. DON'T F' WITH E.K. 10.99 HALAL CHICKEN, MUSHROOMS, TERIYAKI, WASABI MAYO, SWISS 1910 CALJ

III. MENAGE A TROIS 10.99 ("100 THINGS TO EAT BEFORE YOU DIE" -TX7 MAGAZINE) HALAL CHICKEN, REAL HONEY, HONEY MUSTARD, BBQ SAUCE, PEPPER JACK, SWISS, CHEDDAR (1060 CAL)

123. THE JOKER 13.21
ALL-BEEF MEATBALLS, FRIED ZUCCHINI, IKE'S
RED PESTO, RANCH 1750 CALI

142. PAT TILLMAN 12.11

ROAST BEEF, BEER-BATTERED MOZZARELLA STICKS, MUSHROOMS [240 CAL]

150. DIRTY REUBEN 10.99ROAST BEEF, DIRTY DRESSING, HOMEMADE PURPLE SLAW, AMERICAN 1920 CALI

201. ADAM RICHMAN 12.11 FRIED CHICKEN, HAM, REAL HONEY, PESTO, AVOCADO, SWISS (1010 CAL)

"240. MADISON BUMGARNER 12.11

THINLY-SLICED RIB-EYE STEAK, YELLOW BBQ SAUCE, HABANERO (LIGHT AMOUNT), AMERICAN, PEPPER JACK (450 CAL)

339. JAMES BAHN 10.99 THINLY-SLICED RIB-EYE STEAK, CUCUMBER, SRIRACHA, PEPPER JACK (JALAPEÑOS RECOMMENDED) (310 CAL)

532. PLANT THIS! 10.99 (THE PLANT EXCLUSIVE) FRIED CHICKEN, TURKEY, G.E. SAUCE, AMERICAN (1150 CAL)

* 957. DAMON BRUCE 13.21 THINLY-SLICED RIB-EYE STEAK, STEAK SAUCE, BEER- BATTERED ONION RINGS, PROVOLONE (420 CAL)

3030. STEPH #CURRYONE 9.98 TURKEY, IKE'S YELLOW BBQ, PROVOLONE 1370 CALI VEGGIES

70. MEATLESS

MIKE 10.99

("BEST VEGAN MEATBALLS IN AMERICA" -PETA) VEGAN MEATBALLS, MARINARA, PEPPER JACK (410 CAL) 0

≥ 219. PILGRIM 10.99 VEGAN TURKEY, CRANBERRY SAUCE, SRIRACHA, HAVARTI (380 CAL)

239. SNEAKY KITTY 9.98 VEGGIE BACON, LETTUCE, TOMATO, AMERICAN 1290 CALI

₱ 249. GO SHARKS! 10.99 BREADED VEGAN CHICKEN, HONEY MUSTARD, FRANK'S BUFFALO-WING SAUCE, GOUDA [570 CAL]

VEGAN TURKEY, FRENCH DRESSING, HOMEMADE PURPLE SLAW, SWISS LINO CALI

9 301. HANDSOME OWL 10.99

BREADED VEGAN CHICKEN, TERIYAKI, WASABI MAYO, SWISS 1930 CALI

573. CALIFORNICATION 10.99 (THE PLANT EXCLUSIVE) BREADED EGGPLANT, G.E. SAUCE, JACK (620 CALI

> -IKE'S FAVORITES! -CAN BE MADE VEGAN!

TRY OUR MAKE-IT-A-MEAL COMBO DEAL!

JUST GRAB A DRINK* & BAG OF CHIPS WITH YOUR SANDWICH

FOR ONLY \$2.92 MORE!

WANT EVEN MORE OPTIONS? BROWSE THE HUNDREDS
OF IKE'S SANDWICHES @ LOVEANDSANDWIGHES.COM

SANDWICH CALORIE INFORMATION DOES NOT INCLUDE BREAD OR DIRTY SAUCE. FOR MORE DETAILED NUTRITION INFORMATION
PLEASE SEE THE IN-STORE NUTRITIONAL BROCHURE. 2,000 CALORIES A DAY IS USED FOR GENERAL NUTRITION ADVICE,
BUT CALORIE NEEDS VARY. SERVING SIZE: ONE FULL SANDWICH

(*DRINKS INCLUDE FOUNTAIN DRINK OR NON-CARBONATED BOTTLED WATER)

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