



# MIKE'S LOVE & SANDWICHES

4221 MACARTHUR BLVD. B-2 ★ NEWPORT BEACH, CA 92660  
949-783-3390 ★ IKESNEWPORT@LOVEANDSANDWICHES.COM  
LOVEANDSANDWICHES.COM

## MEATS

## VEGGIES

♥ 1. ELVIS KIETH 9.98  
[910 CAL] HALAL CHICKEN, TERIYAKI,  
WASABI MAYO, SWISS

9. [NAME OF THE GIRL  
I'M DATING] 10.99

[760 CAL] HALAL CHICKEN, HONEY  
MUSTARD, PEPPER JACK, AVOCADO

17. TOP GUN 8.97

[590 CAL] HALAL CHICKEN, BBQ SAUCE,  
CHEDDAR

♥ 18. MATT CAIN 10.99

(*"FANWICH AWARD:  
BEST SPORTS SANDWICH"* -ESPN)  
[350 CAL] ROAST BEEF, TURKEY,  
ALL-BEEF SALAMI, GODFATHER SAUCE,  
PROVOLONE

19. GOING HOME

FOR THANKSGIVING 10.99

[400 CAL] TURKEY, CRANBERRY SAUCE,  
SRIRACHA, HAVARTI

21. REGGIE JACKSON 9.98

[410 CAL] TURKEY HAM, BACON,  
AMERICAN

44. ROBIN WILLIAMS 10.99

[410 CAL] HALAL CHICKEN, ITALIAN  
DRESSING, MUSHROOMS, PEPPER JACK

65. JIM ROME 10.99

[620 CAL] TURKEY, IKE'S RED PESTO,  
AVOCADO, CHEDDAR

♥ 91. PAUL REUBENS 10.99

[680 CAL] PASTRAMI, FRENCH  
DRESSING, PURPLE SLAW, SWISS

98. JAYMEE

SIREWICH 10.99

[1100 CAL] FRIED CHICKEN, YELLOW  
BBQ SAUCE, RANCH, PEPPER JACK

111. MENAGE A TROIS 10.99

(*"100 THINGS TO EAT BEFORE YOU DIE"*  
-7X7 MAGAZINE)

[1060 CAL] HALAL CHICKEN, BBQ SAUCE,  
HONEY MUSTARD, REAL HONEY,  
PEPPER JACK, CHEDDAR, SWISS

135. BRUCE WAYNE 10.99

[320 CAL] ROAST BEEF, STEAK SAUCE, SWISS

192. THE LITTLE MERMAID 9.98

[500 CAL] HALAL CHICKEN,  
ZESTY ORANGE GLAZE, PEPPER JACK

♥ 240. MADISON

BUMGARNER 10.99

(*"WORLD FOOD CHAMPIONSHIPS, 2012"*)  
[450 CAL] STEAK, YELLOW BBQ SAUCE, (LIGHT)  
HABANERO, AMERICAN, PEPPER JACK

346. JOHN WAYNE 10.99

[560 CAL] STEAK, DIRTY DRESSING, AMERICAN

330. JULIUS 8.97

[580 CAL] HALAL CHICKEN,  
CAESAR DRESSING, PROVOLONE

351. NOAH LOWRY 9.98

[370 CAL] TUNA, BACON, AMERICAN,  
PEPPER JACK

390. WONDER WOMAN 10.99

[1060 CAL] FRIED CHICKEN,  
HONEY MUSTARD, PEPPER JACK

583. THE WEDGE 10.99

(*"NEWPORT EXCLUSIVE"*)  
[510 CAL] ALL-BEEF MEATBALLS,  
CUCUMBER, IKE'S RED RANCH

696. CRYSTAL COVE 10.99

(*"NEWPORT EXCLUSIVE"*)  
[910 CAL] WILD SALMON BURGER,  
IKE'S RED RANCH, JACK

3030. STEPH #CURRYONE 9.98

[370 CAL] TURKEY,  
YELLOW BBQ SAUCE, PROVOLONE

♥ 61. SOMETIMES I'M A VEGETARIAN 10.99

[350 CAL] ARTICHOKE HEARTS, MUSHROOMS, PESTO, PROVOLONE

♥ 70. MEATLESS MIKE 10.99

(*"BEST VEGAN MEATBALLS IN AMERICA"* -PETA)  
[410 CAL] VEGAN MEATBALLS, MARINARA, PEPPER JACK

71. STEVE JOBS 10.99

[730 CAL] BREADED EGGPLANT, PESTO, RANCH, PROVOLONE

♥ 137. WINNIE THE POOH 8.97

[330 CAL] CREAM CHEESE, CUCUMBERS, ZESTY ORANGE GLAZE

♥ 172. TOAD 10.99

[370 CAL] MUSHROOMS, MARINARA, AVOCADO, PROVOLONE

♥ 206. XXX-TINA 10.99

[550 CAL] VEGAN BREADED CHICKEN, BUFFALO-WING SAUCE, RANCH, PROVOLONE

♥ 208. GREEN GOBLIN 9.98

[500 CAL] VEGAN TURKEY, BBQ SAUCE, CHEDDAR

♥ 219. PILGRIM 10.99

[380 CAL] VEGAN TURKEY, CRANBERRY SAUCE, SRIRACHA, HAVARTI

♥ 246. JAMES & THE GIANT PEACH 10.99

[470 CAL] VEGAN FRIED CHICKEN, IKE'S YELLOW BBQ SAUCE, CHEDDAR

♥ 250. PRISSY PRESLEY 9.98

[540 CAL] VEGGIE BACON, DIRTY DRESSING, PEPPER JACK

265. READING RAINBOW 9.98

[520 CAL] IKE'S RED PESTO, AVOCADO, CHEDDAR

♥ 291. PEE WEE 10.99

[600 CAL] VEGAN TURKEY, FRENCH DRESSING, HOMEMADE PURPLE SLAW, SWISS

♥ 301. HANDSOME OWL 10.99

[930 CAL] VEGAN BREADED CHICKEN, TERIYAKI, WASABI MAYO, SWISS

♥ 302. STRAWBERRY GIRL 8.97

[360 CAL] CUCUMBERS, ASIAN SESAME, JACK

538. ALIVE WITH PLEASURE 8.97

(*"NEWPORT EXCLUSIVE"*)  
[460 CAL] ONION RINGS, IKE'S RED RANCH, CHEDDAR

♥ -IKE'S FAVORITES!

♥ -CAN BE MADE VEGAN!

**TRY OUR MAKE-IT-A-MEAL COMBO DEAL!**  
**JUST GRAB A DRINK\* & A BAG OF CHIPS WITH YOUR SANDWICH**  
**FOR ONLY \$2.92 MORE!**

**WANT EVEN MORE OPTIONS? BROWSE THE HUNDREDS**  
**OF IKE'S SANDWICHES @ [LOVEANDSANDWICHES.COM](http://LOVEANDSANDWICHES.COM)**

SANDWICH CALORIE INFORMATION DOES NOT INCLUDE BREAD OR DIRTY SAUCE. FOR MORE DETAILED NUTRITION INFORMATION  
PLEASE SEE THE IN-STORE NUTRITIONAL BROCHURE. 2,000 CALORIES A DAY IS USED FOR GENERAL NUTRITION ADVICE,  
BUT CALORIE NEEDS VARY. **SERVING SIZE: ONE FULL SANDWICH**

(\*DRINKS INCLUDE FOUNTAIN DRINK OR NON-CARBONATED BOTTLED WATER)